



De-bunking common idling myths leaflet

There are several commonly held misconceptions about idling which are often used to justify the behaviour in the minds of drivers.

We have pulled together some of these myths, and the reality behind them!

Myths

Reality

- 1 I need to keep my engine running to keep the car warm during cold weather.
- 2 If I'm parked on a yellow line with my engine running, I can't be fined.
- 3 But doesn't stopping and starting wear out the engine?
- 4 Idling does not contribute very much to air pollution when considering other sources.
- 5 If I'm inside my car, I'm protected from the pollution caused by other idling vehicles.

Switching off the engine but keeping the ignition on should keep the heater warm for around 30 minutes, saving you money and reducing pollution.

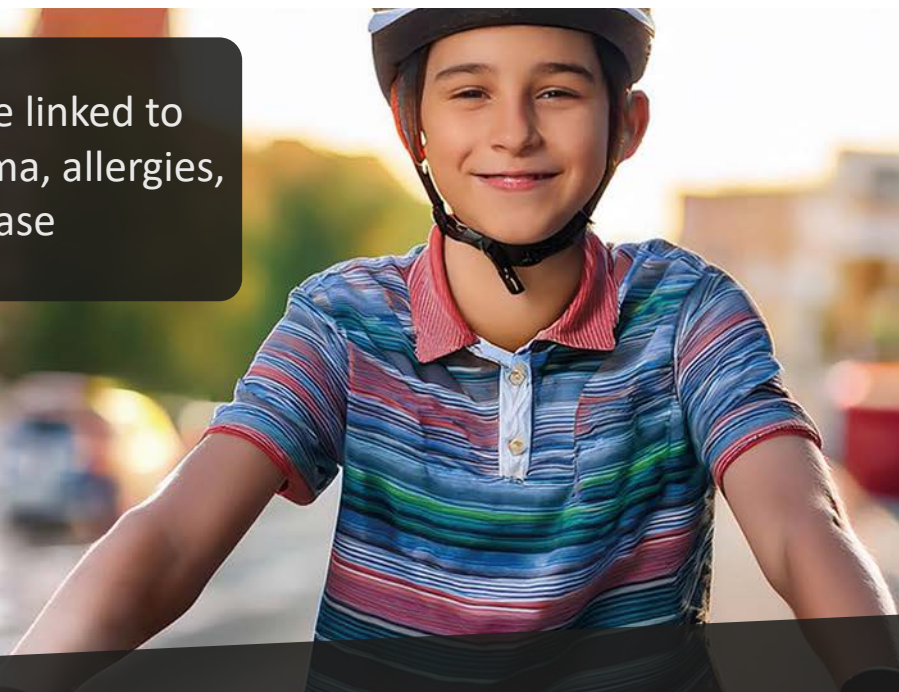
You can be fined for parking somewhere you are not supposed to be, whether your engine is running or not.

This is no longer an issue with modern engines, and by not idling you will reduce your fuel costs.

At a local level, it has been shown that reducing idling behaviour by switching off engines while stationary has a positive impact on pollution levels.

The air quality inside your car is likely to be worse than outside where pollution is dispersed, which is why acting as a role model and encouraging others to switch off their engines when stationary is so important.

Fumes from cars are linked to an increase in asthma, allergies, heart and lung disease



Waiting? Engine off,
stop polluting, protect health

