

# Meals at Home Menu Card

## Week 1

Please choose a main course and dessert for each day you would like a meal. If you would also like the soup option, please tick the box. This carries a small additional charge.

MON	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Ham in Parsley Sauce	<input type="checkbox"/>	Orange Sponge	<input type="checkbox"/>	Lentil	<input type="checkbox"/>
	Beef Hotpot	<input type="checkbox"/>	Bread & Butter Pudding	<input type="checkbox"/>		
	Macaroni Cheese (V)	<input type="checkbox"/>	Apple Pie (RS)	<input type="checkbox"/>		
TUES	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Chicken Chasseur	<input type="checkbox"/>	Rhubarb Crumble	<input type="checkbox"/>	Scotch Broth	<input type="checkbox"/>
	Fish Cakes	<input type="checkbox"/>	Stewed Apple & Custard	<input type="checkbox"/>		
	Cauliflower & Broccoli Bake (V)	<input type="checkbox"/>	Golden Syrup Sponge (RS)	<input type="checkbox"/>		
WED	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Braised Steak	<input type="checkbox"/>	Apple Pie	<input type="checkbox"/>	Potato & Leek	<input type="checkbox"/>
	Lancashire Hotpot	<input type="checkbox"/>	Ginger Sponge	<input type="checkbox"/>		
	Omelette & Chips (V)	<input type="checkbox"/>	Lemon Sponge (RS)	<input type="checkbox"/>		
THURS	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Savoury Minced Beef	<input type="checkbox"/>	Treacle Tart	<input type="checkbox"/>	Pea & Ham	<input type="checkbox"/>
	Chicken & Vegetable Pie	<input type="checkbox"/>	Apricot Crumble	<input type="checkbox"/>		
	Cheesy Vegetable Bake (V)	<input type="checkbox"/>	Blackcurrant Pie (RS)	<input type="checkbox"/>		
FRI	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Pork Steakette	<input type="checkbox"/>	Jam Roly Poly	<input type="checkbox"/>	Chunky Vegetable	<input type="checkbox"/>
	Fisherman's Pie	<input type="checkbox"/>	Plum & Cherry Pie	<input type="checkbox"/>		
	Vegetable Hotpot (V)	<input type="checkbox"/>	Rhubarb Crumble (RS)	<input type="checkbox"/>		
SAT	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Minted Lamb & Dumplings	<input type="checkbox"/>	Plum & Cherry Crumble	<input type="checkbox"/>	Tomato Soup	<input type="checkbox"/>
	All Day Breakfast	<input type="checkbox"/>	Choc Chip Sponge & Sauce	<input type="checkbox"/>		
	Vegetarian Cottage Pie (V)	<input type="checkbox"/>	Apple/Blackberry Crumble (RS)	<input type="checkbox"/>		
SUN	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Beef with Roast Potatoes	<input type="checkbox"/>	Sticky Toffee Pudding	<input type="checkbox"/>	Cream of Mushroom	<input type="checkbox"/>
	Chicken Breast	<input type="checkbox"/>	Blackcurrant Sponge	<input type="checkbox"/>		
	Vegetarian Sausage & Mash (V)	<input type="checkbox"/>	Sultana Sponge (RS)	<input type="checkbox"/>		

V = Vegetarian RS = Reduced Sugar

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# Meals at Home Menu Card

## Week 2

Please choose a main course and dessert for each day you would like a meal. If you would also like the soup option, please tick the box. This carries a small additional charge.

MON	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Lamb & Vegetable Casserole	<input type="checkbox"/>	Lemon Sponge	<input type="checkbox"/>	Scotch Broth	<input type="checkbox"/>
	Chicken & Mushroom Pie	<input type="checkbox"/>	Apple & Blackberry Crumble	<input type="checkbox"/>		
	Lentil & Vegetable Pie (V)	<input type="checkbox"/>	Jam Roly Poly (RS)	<input type="checkbox"/>		
TUES	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Vienna Steak	<input type="checkbox"/>	Choc Chip Sponge & Sauce	<input type="checkbox"/>	Potato & Leek	<input type="checkbox"/>
	Cumberland Sausage	<input type="checkbox"/>	Bakewell Tart	<input type="checkbox"/>		
	Cheese & Onion Pie (V)	<input type="checkbox"/>	Stewed Apple & Custard (RS)	<input type="checkbox"/>		
WED	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Beef Stew & Dumplings	<input type="checkbox"/>	Blackcurrant Pie	<input type="checkbox"/>	Pea & Ham	<input type="checkbox"/>
	Salmon Supreme	<input type="checkbox"/>	Summer Fruit Pie	<input type="checkbox"/>		
	Vegetable Lasagne (V)	<input type="checkbox"/>	Lemon Sponge (RS)	<input type="checkbox"/>		
THURS	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Chicken Supreme	<input type="checkbox"/>	Lemon Sponge	<input type="checkbox"/>	Chunky Vegetable	<input type="checkbox"/>
	Lambs Liver & Onion Gravy	<input type="checkbox"/>	Semolina & Apple	<input type="checkbox"/>		
	Vegetable Hotpot (V)	<input type="checkbox"/>	Golden Syrup Sponge (RS)	<input type="checkbox"/>		
FRI	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Shepherds Pie	<input type="checkbox"/>	Apple Crumble	<input type="checkbox"/>	Tomato	<input type="checkbox"/>
	Fish in Parsley Sauce	<input type="checkbox"/>	Baked Fruit Bread Pudding	<input type="checkbox"/>		
	Macaroni Cheese (V)	<input type="checkbox"/>	Rhubarb Crumble (RS)	<input type="checkbox"/>		
SAT	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Pork & Root Vegetable Casserole	<input type="checkbox"/>	Golden Syrup Sponge	<input type="checkbox"/>	Lentil	<input type="checkbox"/>
	Minced Beef & Onion Pie	<input type="checkbox"/>	Lemon/Summer Fruit Sponge	<input type="checkbox"/>		
	Cauliflower & Broccoli Bake (V)	<input type="checkbox"/>	Apple Pie (RS)	<input type="checkbox"/>		
SUN	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Sliced Turkey with Stuffing	<input type="checkbox"/>	Spotted Dick	<input type="checkbox"/>	Chicken Soup	<input type="checkbox"/>
	Pork Loin & Stuffing	<input type="checkbox"/>	Stewed Apple & Rice	<input type="checkbox"/>		
	Vegetable Curry (V)	<input type="checkbox"/>	Blackcurrant Pie (RS)	<input type="checkbox"/>		

V = Vegetarian RS = Reduced Sugar

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# Meals at Home Menu Card

## Week 3

Please choose a main course and dessert for each day you would like a meal. If you would also like the soup option, please tick the box. This carries a small additional charge.

MON	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Chicken & Bacon Hotpot	<input type="checkbox"/>	Ginger Sponge	<input type="checkbox"/>	Potato & Leek	<input type="checkbox"/>
	Fish in Butter	<input type="checkbox"/>	Plum & Cherry Crumble	<input type="checkbox"/>		
	Cheesy Vegetable Bake (V)	<input type="checkbox"/>	Golden Syrup Sponge (RS)	<input type="checkbox"/>		
TUES	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Steak & Mushroom Casserole	<input type="checkbox"/>	Bread & Butter Pudding	<input type="checkbox"/>	Pea & Ham	<input type="checkbox"/>
	All Day Breakfast	<input type="checkbox"/>	Orange Sponge	<input type="checkbox"/>		
	Omelette & Chips (V)	<input type="checkbox"/>	Apple Pie (RS)	<input type="checkbox"/>		
WED	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Sausage in Onion Gravy	<input type="checkbox"/>	Apricot Crumble	<input type="checkbox"/>	Chunky Vegetable	<input type="checkbox"/>
	Cottage Pie	<input type="checkbox"/>	Jam Roly Poly	<input type="checkbox"/>		
	Vegetable Sausage & Mash (V)	<input type="checkbox"/>	Sultana Sponge (RS)	<input type="checkbox"/>		
THURS	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Ham & Leek Crumble	<input type="checkbox"/>	Stewed Apple & Custard	<input type="checkbox"/>	Lentil	<input type="checkbox"/>
	Corned Beef Hash	<input type="checkbox"/>	Treacle Tart	<input type="checkbox"/>		
	Macaroni Cheese (V)	<input type="checkbox"/>	Apple/Blackberry Crumble (RS)	<input type="checkbox"/>		
FRI	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Lancashire Hotpot	<input type="checkbox"/>	Plum & Cherry Pie	<input type="checkbox"/>	Scotch Broth	<input type="checkbox"/>
	Sweet & Sour Chicken	<input type="checkbox"/>	Sticky Toffee Pudding	<input type="checkbox"/>		
	Lentil & Vegetable Pie (V)	<input type="checkbox"/>	Jam Roly Poly (RS)	<input type="checkbox"/>		
SAT	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Chicken in Gravy	<input type="checkbox"/>	Blackcurrant Sponge	<input type="checkbox"/>	Cream of Mushroom	<input type="checkbox"/>
	Salmon Crumble	<input type="checkbox"/>	Apple Pie	<input type="checkbox"/>		
	Vegetable Hotpot (V)	<input type="checkbox"/>	Stewed Apple & Custard (RS)	<input type="checkbox"/>		
SUN	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Lamb in Gravy	<input type="checkbox"/>	Bakewell Tart	<input type="checkbox"/>	Tomato Soup	<input type="checkbox"/>
	Beef with Roast Potatoes	<input type="checkbox"/>	Rhubarb Crumble	<input type="checkbox"/>		
	Cheese & Onion Pie (V)	<input type="checkbox"/>	Lemon Sponge (RS)	<input type="checkbox"/>		

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# Meals at Home Menu Card

## Week 4

Please choose a main course and dessert for each day you would like a meal. If you would also like the soup option, please tick the box. This carries a small additional charge.

MON	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Minted Lamb & Dumplings	<input type="checkbox"/>	Sultana Sponge	<input type="checkbox"/>	Pea & Ham	<input type="checkbox"/>
	Cumberland Sausage	<input type="checkbox"/>	Semolina with Apple	<input type="checkbox"/>		
	Omelette & Chips (V)	<input type="checkbox"/>	Apple Crumble (RS)	<input type="checkbox"/>		
TUES	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Lemon & Ginger Chicken	<input type="checkbox"/>	Stewed Apple & Rice	<input type="checkbox"/>	Lentil	<input type="checkbox"/>
	Beef Lasagne	<input type="checkbox"/>	Golden Syrup Sponge	<input type="checkbox"/>		
	Vegetable Lasagne (V)	<input type="checkbox"/>	Blackcurrant Pie (RS)	<input type="checkbox"/>		
WED	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Chicken & Vegetable Casserole	<input type="checkbox"/>	Summer Fruit Pie	<input type="checkbox"/>	Cream of Mushroom	<input type="checkbox"/>
	Meatballs & Mushy Peas	<input type="checkbox"/>	Apple Crumble	<input type="checkbox"/>		
	Macaroni Cheese (V)	<input type="checkbox"/>	Sultana Sponge (RS)	<input type="checkbox"/>		
THURS	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Fish in Butter Sauce	<input type="checkbox"/>	Baked Fruit Bread Pudding	<input type="checkbox"/>	Potato & Leek	<input type="checkbox"/>
	Lamb & vegetable Casserole	<input type="checkbox"/>	Blackcurrant Pie	<input type="checkbox"/>		
	Cauliflower & Broccoli Bake (V)	<input type="checkbox"/>	Rhubarb Crumble (RS)	<input type="checkbox"/>		
FRI	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Chicken Curry	<input type="checkbox"/>	Lemon/Summer Fruit Sponge	<input type="checkbox"/>	Scotch Broth	<input type="checkbox"/>
	Steak & Kidney Pie	<input type="checkbox"/>	Bakewell Tart	<input type="checkbox"/>		
	Cheesy Vegetable Bake (V)	<input type="checkbox"/>	Stewed Apple & Custard (RS)	<input type="checkbox"/>		
SAT	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Shepherd's Pie	<input type="checkbox"/>	Apple & Blackberry Crumble	<input type="checkbox"/>	Chicken Soup	<input type="checkbox"/>
	Breaded Fish & Mash	<input type="checkbox"/>	Spotted Dick	<input type="checkbox"/>		
	Vegetable Cottage Pie (V)	<input type="checkbox"/>	Jam Roly Poly (RS)	<input type="checkbox"/>		
SUN	MAIN COURSE		DESSERT		OPTIONAL SOUP	
	Chicken Breast	<input type="checkbox"/>	Treacle Tart	<input type="checkbox"/>	Chunky Vegetable	<input type="checkbox"/>
	Pork in Gravy	<input type="checkbox"/>	Lemon Sponge	<input type="checkbox"/>		
	Omelette & Chips (V)	<input type="checkbox"/>	Golden Syrup Sponge (RS)	<input type="checkbox"/>		

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**Meals at Home Price List – 1<sup>st</sup> April 2022-2023**



	Monday to Friday	Saturday, Sunday & Bank Holidays
<b>Standard Meals</b>		
<b>Two Course Standard Meal (Soup &amp; Main/Main &amp; Dessert)</b>	£4.40	£5.05
<b>Three Course Standard (Soup, Main &amp; Dessert)</b>	£5.40	£6.05
<b>Special Diet</b>		
<b>Two Course Special Diet (Soup &amp; Main/Main &amp; Dessert)</b>	£4.40	£5.05
<b>Three Course Special Diet (Soup, Main &amp; Dessert)</b>	£5.40	£6.05
<b>Sandwich</b>		
<b>Tea Pack (Sandwich, Drink, Cake/Jelly etc)</b>	£2.85	£2.85